

The Doublebase™ Range

Doublebase emollients are specially formulated to be effective and cosmetically acceptable for patients with medical dry skin conditions. When selecting an appropriate emollient, it is very important to consider the **WHOLE** formulation, not just the oil content. It is also important to avoid potential irritants or sensitisers in the product formulation. All Doublebase emollients are free from SLS, parabens and fragrances.

Doublebase Once

- Doublebase Once is an advanced emollient gel that has been proven to provide at least 24 hours' hydration from 1 application^{1,2,3}
- Provides significantly greater and longer-lasting skin hydration than ointments^{1,2}
- It is ideal for use where eczema is poorly controlled due to non-compliance with current emollient, including for those patients who dislike ointments but require effective hydration
- Does not contain conventional preservatives – this may be preferable for those who are particularly sensitive to these ingredients
- Suitable for washing – contains a soap substitute (macrogol stearyl ether)

Evidence

In a randomised double-blind trial in patients with dry skin comparing Doublebase Once gel with EPD* ointment for 24 hours after a single application: Doublebase Once has been shown to be approximately 2 times more hydrating than EPD, and approximately 4 times more hydrating than no treatment.¹

Cosmetically acceptable

When the Doublebase Once formulation was applied to dry skin once a day for 5 days⁴ (n=94): 97% agreed that the emollient was easy to apply, 94% agreed that it had a pleasant consistency.

Pack prices

£2.69 / 100g tube
£6.99 / 500g pump pack



Doublebase Gel

- Doublebase Gel is well tolerated by patients and has been used successfully to help patients manage dry skin conditions such as eczema and psoriasis for over 20 years
- Has a high oil content – liquid paraffin 15% w/w and isopropyl myristate 15% w/w plus glycerol, a humectant, which help retain water to moisturise dry skin
- A specially formulated gel emollient which breaks down on contact with salts on the skin leaving the oils to form a protective barrier on the skin
- Available in a range of pack sizes: a 100g tube for convenience, a 500g pump pack and an economical 1kg pump dispenser

Evidence

Doublebase Gel has been shown to significantly improve skin hydration compared with other marketed emollient creams and gels.⁵⁻⁸

Liked by patients

Doublebase Gel was the preferred choice when children were allowed to select and try a range of emollients.⁹

Pack prices

£2.65 / 100g tube
£5.83 / 500g pump pack
£10.98 / 1kg pump pack



Doublebase Dayleve Gel

- Doublebase Dayleve Gel is a proven, preferred and effective twice daily emollient
- It is specially formulated to be a long-lasting emollient and contains liquid paraffin 15% w/w and isopropyl myristate 15% w/w, the humectant glycerol and povidone, a film-forming agent to help seal in the oils and water
- An effective twice-a-day emollient, ideal for patients who find it difficult to apply emollients more frequently, such as children and older patients

Evidence

When applied twice daily, Doublebase Dayleve Gel has been shown to be approximately 10 times more hydrating compared to a commonly prescribed emollient cream (ZBC).¹⁰

Patient acceptability

Doublebase Dayleve Gel significantly increased skin hydration and was selected by significantly more patients as the emollient they would use again compared to a comparator cream (DIPC) when used twice daily.¹¹

Pack prices

£2.65 / 100g tube
£6.29 / 500g pump pack



ZBC = Zerobase® Emollient Cream registered trademark of Thornton & Ross Ltd.
DIPC = Diprobace® Cream registered trademark of Bayer plc.

Prescribe by brand name to ensure formulation of choice

Using Doublebase emollients to wash with, avoids the harsh and drying effects of bubble baths, foaming shower gels and soaps

Doublebase Shower Emollient and Doublebase Wash

- Doublebase Shower and Doublebase Wash are highly emollient soap substitutes for medical dry skin conditions suitable for use by all age groups
- They contain a high oil content (30% oils), the humectant glycerol and cetomacrogol, a non-ionic soap substitute, to gently and effectively cleanse the skin

Pack prices

Shower – £5.21 / 200g shower pack
Wash – £5.21 / 200g pump pack



Evidence

A multi-centre, open study assessing the efficacy and acceptability of Doublebase Shower in 93 patients with dry and pruritic skin conditions showed:¹²

- 59% found using the shower gel in addition to their own emollients was more beneficial than using other emollient(s) alone
- The majority of patients also found Doublebase Shower to be effective, rating it 'excellent' or 'good' with respect to:
 - its effects on skin smoothness (71%)
 - skin softness (70%)
 - lack of skin dryness (61%)
 - lack of skin itchiness (62%)

Doublebase Bath Emollient

- Doublebase Bath is designed to disperse throughout the bath water to evenly coat the skin
- Has a high oil content (65% liquid paraffin), the humectant glycerol and cetomacrogol to gently cleanse without stripping away the natural oils

Pack price

£5.45 / 500ml bottle



Evidence

An *ex vivo* study showed that Doublebase Bath Emollient increased skin hydration compared to bathing in plain bath water.¹³

Bath emollients may be a useful part of eczema care for children particularly where compliance with applied emollients may be an issue and to avoid the use of ordinary, perfumed and detergent-based bath products.

Prescribing information

Doublebase Dayleve™ Gel

Isopropyl myristate 15% w/w,
liquid paraffin 15% w/w.

Uses: Long lasting, highly moisturising and protective hydrating gel for dry skin conditions.

Directions: Adults, children and the elderly: Apply direct to dry skin morning and night, or as often as necessary.

Doublebase™ Gel

Isopropyl myristate 15% w/w,
liquid paraffin 15% w/w.

Uses: Highly moisturising and protective hydrating gel for dry skin conditions.

Directions: Adults, children and the elderly: Apply direct to dry skin as required.

Doublebase™ Emollient Shower Gel

Doublebase™ Emollient Wash Gel

Isopropyl myristate 15% w/w,
liquid paraffin 15% w/w.

Uses: Highly moisturising and protective hydrating gels for dry skin conditions.

Directions: Adults, children and the elderly: Use as soap substitutes.

Doublebase™ Emollient Bath Additive

Liquid paraffin 65% w/w.

Uses: For the relief of dry skin conditions.

Directions: Adults, children and the elderly: Add to a bath of warm water. Soak and pat dry.

Contra-indications, warnings, side effects etc: Please refer to SPC for full details before prescribing. Do not use if sensitive to any of the ingredients. Local skin reactions may occur. In the rare event of a reaction, stop treatment. Take care not to slip in the bath or shower when using as a soap substitute/bath additive.

Instruct patients not to smoke or go near naked flames. Fabric (clothing, bedding, dressings etc) that has been in contact with

this product burns more easily and is a potential fire hazard. Washing clothing and bedding may reduce product build-up but not totally remove it.

Package quantities, NHS prices and MA numbers:
Doublebase Dayleve Gel: 100g tube £2.65, 500g pump dispenser £6.29, PL00173/0199.

Doublebase Gel: 100g tube £2.65, 500g pump dispenser £5.83, 1kg pump dispenser £10.98, PL00173/0183.

Doublebase Shower: 200g shower pack £5.21, PL00173/0196.

Doublebase Wash: 200g pump dispenser £5.21, PL00173/0402.

Doublebase Bath: 500ml bottle £5.45, PL00173/0200.

Legal categories: Doublebase Dayleve Gel, Doublebase Gel, Doublebase Shower & Doublebase Wash^[P], Doublebase Bath GSL.

MA holder: Dermal Laboratories, Tatmore Place, Gosmore, Hitchin, Herts, SG4 7QR, UK.

Date of preparation: May 2023.

'Doublebase' and 'Dayleve' are trademarks.

Essential information

Doublebase™ Once

Presentation: White opaque gel.

Uses: An advanced, highly moisturising and protective emollient gel for regular once daily use in the management of dry skin conditions such as eczema, psoriasis or ichthyosis. May also be used as an adjunct to any other emollients or treatments.

Directions: All age groups. Apply direct to dry skin once daily or as often as necessary. Can be used as a soap substitute for washing. If applying another treatment to the same areas of skin, apply treatments alternately leaving sufficient time to allow the previous application to soak in.

Contraindications, warnings, side effects etc: Do not use if sensitive to any of the ingredients. Doublebase Once has been specially designed for use on dry, problem, or sensitive skin. Rarely skin irritation (mild rashes) or allergic skin reactions can occur on extremely sensitive skin, these tend to occur during or soon after the first few uses and if this occurs stop treatment.

Instruct patients not to smoke or go near naked flames. Fabric (clothing, bedding, dressings etc) that has been in contact with this product burns more easily and is a potential fire hazard. Washing clothing and bedding may reduce product build-up but not totally remove it.

Ingredients: Isopropyl myristate, liquid paraffin, glycerol, steareth-21, macrogol stearyl ether, ethylhexylglycerin, 1,2-hexanediol, caprylyl glycol, povidone, trolamine, carbomer, purified water.

Pack sizes and NHS prices: 100g tube £2.69, 500g pump pack £6.99.

Legal category: Class I medical device.

Further information is available from: Dermal Laboratories Ltd, Tatmore Place, Gosmore, Hitchin, Herts, SG4 7QR, UK.

Date of preparation: August 2023.

'Doublebase' is a trademark.

Adverse events should be reported. Reporting forms and information can be found at yellowcard.mhra.gov.uk. Adverse events should also be reported to Dermal.

References: 1. Comparison of the skin hydration of Doublebase Once emollient with Epaderm Ointment in a 24-hour, single application study, in subjects with dry skin. Extract report summarising skin hydration results for wiped off sites. Data on file. Dermal Laboratories Ltd, Hitchin, UK. 2. Antonijević MD & Karajčić J. Ointments or a gel emollient? Randomised and blinded comparison of the hydration effect on *ex vivo* human skin. Data presented at the 17th European Academy of Dermatology and Venerology (EADV) Symposium, May 2022, Ljubljana, Slovenia. 3. Antonijević MD & Karajčić J. Randomised, open, comparative study of the hydration effect on *ex vivo* human skin of two emollient formulations with different recommended application regimes. Data presented at the 17th European Academy of Dermatology and Venerology (EADV) Symposium, May 2022, Ljubljana, Slovenia. 4. Evaluation of performance and acceptability of a novel, long acting (24h) emollient gel. Data on file. Dermal Laboratories Ltd, Hitchin, UK. 5. Wynne A. *et al.* An effective, cosmetically acceptable, novel hydro-gel emollient for the management of dry skin conditions. *Journal of Dermatological Treatment* 2002;13(2):p.61-66. 6. Gallagher J. *et al.* Objective and subjective *in vivo* comparison of two emollient products. *Clinical, Cosmetic & Investigational Dermatology* 2012;5:p.85-91. 7. Lukic M. *et al.* University of Belgrade. Should two quantitatively similar emollient moisturisers be assumed to have the same skin performance? A skin hydration study. Poster presented at the 16th EADV Congress, September 2017, Geneva, Switzerland. 8. Lukic M. *et al.* University of Belgrade. Comparison of *in vivo* performance of two emollient gel formulations, DBG and APG. Data presented at the 57th National Congress of ADOL, October 2018, Grosseto, Italy. 9. Aslam A. Empowering children to select their own emollients. *Dermatological Nursing* 2009;8(4):p.1-5. 10. Djokic-Gallagher J. *et al.* A Double-Blind, Randomised Study Comparing the Skin Hydration and Acceptability of Two Emollient Products in Atopic Eczema Patients with Dry Skin. *Dermatology and Therapy* 2017;7(3):p.397-406. 11. Djokic-Gallagher J. *et al.* Emollient efficacy and acceptability in the treatment of eczematous dry skin: A double-blind, randomised comparison of two UK-marketed products. *Journal of Dermatological Treatment* 2016;27(5):p.461-466. 12. Gallagher J. *et al.* A multicenter, open study of efficacy and acceptability of isopropyl myristate 15% w/w / liquid paraffin 15% w/w shower gel (Doublebase Emollient Shower Gel) in patients with dry and pruritic skin conditions. Poster presented at the 17th EADV Congress, September 2008, Paris. 13. Antonijević M. and Novac O. University of Greenwich. The effect of an emollient bath additive on skin hydration. Data presented at the 19th European Society for Pediatric Dermatology (ESPD) Annual Meeting, May 2019, Dubrovnik, Croatia.



For further evidence and product information visit Doublebase.com

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